

# INTERNATIONAL FELDENKRAIS FEDERATION

30, le Monsieur le Prince - 75006 Paris Tél (10 43.25.36.52)

SEVENTH ANNUAL GENERAL ASSEMBLY  
21 - 24 MAY 1998, MALMÖ, SWEDEN

## MINUTES

Participants: see attached list (Appendix 1).

**Thursday, 21 May 98**

### **Welcome and Introduction**

The General Assembly of the IFF was opened by president François Combeau. There was a good feeling that the IFF was still alive and working. François welcomed continuing representatives who are encouraged to come many times to give continuity. He also recognised new representatives for bringing new ideas and fresh air to the assembly. François thanked Helene Bachrach for all her work in organising this assembly. The assembly was held in conjunction with the 10th anniversary conference for the Swedish Guild (SFAF), and IFF participants were invited to join in the lecture with Matti Bergstrom as well as the joint soiree.

### **Focus for 98 Assembly**

This was a significant assembly as it signalled a change of presidency. François spoke of the ways that a founding president sets the structure of organisation and involves himself in that structure. The change of presidency will undoubtedly be a time of anxiety, uncertainty, and questioning. Many founding presidents stay too long and end up missing the right time to leave, but François felt that now is the right time for the structure of the IFF. The structure is alive, succeeding in some things and not in others; we know what is missing and what it is not functioning. François compared the new Board of Directors to a practitioner who will have to give an Functional Integration lesson to the IFF, to reorganise. The change is needed for the IFF and supported by the Board.

The needs of the community are not yet concrete, and although unexpressed, they still exist. Without change, a part of the community may be destroyed, but the change must come from an organic process. Each time ideas are exchanged we make a step. The IFF is sometimes seen as a nice little meeting with nice discussions, but it is much more than that. The IFF does not force change, but through the discussions and exchanges, ideas are sent out. The vision of six years ago is now a reality. Visions will only be reality if they are clear; this conference is another step along that road.

The theme of last year's conference was "Successful Practitioners". Questions arose about the relationship between success, mentorship and continuous learning. The community has focused a lot on the training process, and now we must discuss what happens after people leave a training and how they find their process of development. Many practitioners take advanced trainings to gain confidence, but there are many ways to learn. Each person can assist the development and growth of the community. The discussions at this assembly will therefore include mentorship, supervision and continuous learning as aspects of community function.

François introduced the Board of Directors and the Assembly broke to participate in introductions and a movement exploration lead by Daniel Clénin. After the break, Continuous Learning Groups were formed to begin work gathering information on this year's theme.

## **Friday, 22 May 98**

The morning session was opened by François. He explained that he had spoken to Nancy Schumacher and commented on the difficulty on having a Board member who is not able to come to Board meetings or assemblies. For many years Nancy's energy was remembered and felt at assemblies, but now there are too many people in the IFF who do not know her. Nancy Schumacher therefore decided to resign at the end of the 1998 Assembly; her director seat has an additional year that will be filled by a new director.

For afternoon work groups, the assembly was asked to focus on the needs of our community regarding continuous learning. By understanding and categorising needs, we can define functions. The outcome of the four continuing learning discussion groups were reported. See appendix 2.

## **Saturday, 23 May 98**

### **BUSINESS MEETING**

The business meeting was opened by François. He wanted the meeting to be as simple and as clear as possible. He emphasised the differences that representatives brings with them from different cultures and encouraged everyone to speak clearly and carefully so that all representatives would be able to understand. The Annual General Meetings are run in an IFF way that uses what is common among assembly participants to promote that which everyone can accept.

### **Approval of Minutes of Last Assembly**

It was moved to approve the minutes of the last assembly. It was passed with three abstentions.

### **IFF Project Report**

Alexander Yanai:

The Alexander Yanai work is moving quite slowly. Volume 5 is expected by 15 October and the Board is requesting Anat Baniel to get volume 6 done sooner. The lessons are not being transcribed in the order that they were recorded. Daniel Rosenfels proposed that an index with lesson, page and volume numbers, as well as the date that it was originally given, be compiled and sent to all subscribers. Over 1,700 copies of volume 1 have been sold. The Austrian Guild is having better results by buying books from the distribution centre and reselling to their members. Translation into languages other than English is still a problem as 1,000 subscriptions are necessary to break even on such a project. Mistakes found in the volumes can be sent to Ellen Solloway for future re-editing. The question of reduced prices for students was also brought up.

San Francisco Feldenkrais Professional Training Program Transcript:

The IFF will be publishing the transcripts of year 1 and 2. All trainers have agreed that the second year is more important, as it contains an essential series of lessons. Two books are planned for the second year; the first has already been completed by Ellen Solloway, and the IFF is hoping to publish this book by the end of 1998. Allison Rapp is still working on transcripts for year one.

Amherst Videotape Sets:

The full set of the Amherst tapes will be sold to trainers and assistant trainers. The money, video duplication machines, and the Amherst master videotapes have been transferred from the Feldenkrais Foundation.

Responses from order forms sent to trainers and assistant trainers will determine the initial number of sets duplicated.

#### Amherst Functional Integration Series Videos:

The six sets of videos have been selling. Continued promotion of these tapes by Guilds/Associations is encouraged to bring them to the attention of the Feldenkrais community.

#### Gaby Yaron Videos:

These tapes will make new material available to the community. The first will be a series of Functional Integration lessons that chronicle Gaby's work over a long period with Hanna, and videos of the first three weeks of training. The first two series are to be published before the end of 1998 as requested by Victor Yaron

#### Amherst Feldenkrais Professional Training Program Transcript (2nd Year):

Trainers and assistant trainers are subsidising this project. The first week of the second year of Amherst has been transcribed. At this time, the transcripts will be made available only to the training community for pedagogical purpose. When the project is finished further distribution can be discussed.

### **Distribution Centre**

After difficulties experienced supervising three distribution centres, the IFF has transitioned to one centralised distribution centre. Initially, the IFF wanted to have centres in North America, Europe, and Australia, but this was not financially successful since the IFF was never organised as a business company. In North America the IFF is creating a business with a separate account for the distribution centre. The French law allows non-profit French Associations to have a business company as long as the Board of Directors is not paid. Although it will be easier for the IFF to have one distribution centre, it will require more help from Guilds/Associations in promoting materials and providing information on ordering. Although it is psychologically more difficult for Europeans to order from North America, the shipping costs are often less expensive than shipping from Germany. This is financially the best move for the IFF. Guilds can distribute to their members, through mini distribution centres, by buying materials and reselling.

### **Reports from Packet: NL, WEB, Research**

#### **Financial Report**

The financial report (see Appendix 3) was presented by treasurer Shelagh O'Neill. Although there are accounts in Australia, Germany, France and USA, the figures in the reports are given in French francs. A correction was noted on page one: the 1996 bank interest is 4,811 not 48,112. The financial report was approved with one abstention.

#### **Fees**

It was proposed and accepted to keep the same fees as 1998 for 1999:

1. IFF full member Guilds and Associations - 125ff per full practitioner member for up to 400 full members. Over 400 full members - 50ff for each additional full member. For trainees - 50ff per trainee.
2. IFF associate member Guilds and Associations - 75ff per full practitioner member. Over 400 full members - 50ff for each additional full member. For trainees - 50ff per trainee.
3. Training Accreditation Board - 5,000ff for each.
4. Trainers/Assistant Trainers Forum - 5,000 ff.

### **BOD Proposal**

With the change in presidency the Board of Directors proposed that a 10th position be created on the Board for the Founding President. François Combeau, as the Founding President, will already be involved with the materials committee and corresponding with the French government. The IFF needs to maintain a strong connection with France and have a mediator who understands French law as well as the organisation of the IFF. In this official position as Founding President, François could attend some assemblies as a member of an organisation, or at the request of the Board. As a member of the Board he would be recognised in having a vote, as noted in French law. This would be a lifelong position.

There was a lot of discussion surrounding this proposal. Representatives voiced concerns about making this precedent, about voting without the perspective of their constituents, and about creating a special Board position. Danny Rosenfels motioned that the assembly vote to return this proposal to the Board for further consideration on the grounds that due process was not given. A vote was taken: 18 yes, 1 no, and 19 abstentions. The discussion was then closed. Further proposals regarding this issue can be submitted in writing and given to the Board or the Assembly. The discussion from this meeting will be taken back to both the Board and to François.

The French law is not clear; it is very loosely defined, but the high court can make final decisions. In France, associations do not require that those on the Board be French, but they must be French citizens. It is important to follow the precedents set by the high court. Official letters with changes in constitution should list the Founding President. It is not a requirement that the founding or past president be listed, but doing this will protect the organisation from scrutiny.

The Board met at lunch time and decided to withdraw the proposal. The voting was not valid as there was not a clear majority of 27 votes. François Combeau will be listed as the Founding President on letterhead for official documents and the like.

## **Internal Regulations Policies**

Changes in the Internal Regulations relating to establishing "recognised bodies", provisions for an Associate member representative to be on the Board, and changes in electoral procedures were discussed and adopted.

*1.2.2 Associate member groups may enjoy the services and facilities of the IFF and may participate in its meetings, but may not vote.*

*1.6. Recognised bodies in the Feldenkrais community may apply for Associate membership in the IFF.*

*6.2. One member of an Associate member group may hold one of the director seats on the Board of Directors, to be nominated and elected by the entire General Assembly for a three year term, as a voting member of the Board but a non voting member of the Assembly. A substitute from an Associate member group is also to be nominated and elected for the same period of time in the same manner, to fill a vacancy in this Board seat between Assemblies; at the following AGM, an election shall be held to fill such vacancy for the remainder of the original term.*

*9.3 The Committee shall ensure that only individuals who have agreed to be nominated and have been full members of their constituent member groups for at least one year and are from constituent member groups that have themselves been full members of the IFF for at least one year, shall be accepted as nominees for any official position within the IFF, except that Associate member nominees for the Board are to be members of an Associate member group for at least one year.*

*10.4 Separate ballots shall normally be held for each position on the Board of Directors and, where agreed by*

*the Assembly, for appointment to IFF Committees, (including the position of Committee Chairperson. The two candidates receiving the most votes on the first ballot shall be eligible for a second ballot, unless one candidate has received an absolute majority (over 50%) of the votes cast A second ballot shall be held and the candidate receiving a simple majority is declared the winner.*

## **Elections**

1. President - Cliff Smyth (USA) elected for 3 years (98-01)
2. Vice President - Tanya Saxon elected for remainder of Cliff Smyth's term - 2 years (98-00)
3. BOD director - Daniel Clénin (Switzerland) elected for 3 years (98-01)
4. BOD director - Werner Kraus (Austria) elected for 3 years (98-01)
5. BOD director - Susan Pinto (USA) elected for remainder of Tanya Saxon's term - 1 year (98-99)
6. BOD director - Stina Njaastad (Norway) elected for remainder of Nancy Schumacher's term - 1 year (98-99)
7. First substitute Director - Robert Grubel (Germany)
8. Second substitute Director - Marcus Riesen (Switzerland)
9. Third substitute Director - Dominique Menase (France)
10. Fourth substitute Director (Associate) - Monica Duynstee

Cliff Smyth took over responsibilities as IFF President.

## **International Logo**

The proposal was withdrawn by the Australian Guild. Glenice Hall felt that the internal regulations and process for submitting proposals needed more clarification. The Australian Guild would like to reformulate the proposal in view of information received from the Swiss Guild. The Board agreed that they would write a process for bringing proposals to the Board.

## **AusTAB Proposal**

Chris Lambert withdrew the proposal since it was given in the same manner as the International Logo proposal submitted by the Australian Guild.

## **AGM Submission Process**

A working group will be formed to talk about the process of bringing proposals to the AGM. The Board stated that it could not support the International Logo proposal because of the great financial responsibility that it puts on the IFF, rather than the way in which it was submitted. It was unclear whether the proposal was directed to the Board of Directors or to the Assembly. The working group will discuss language, process, cultural aspects, etc., and will take input from the group.

## **Future Assemblies**

Last year, Baltimore, Maryland, USA was voted as the location for the 1999 Assembly. It will be hosted at a conference centre, just outside Baltimore, located only 1 hour and 15 minutes by car to Washington, DC, and 4 hours by train to New York. The Assembly is scheduled for 27-30 May 1999.

## **Sunday, 24 May 98**

Cliff Smyth opened the morning session with a general discussion on the functioning of the IFF Assembly. Representatives involved in the discussion brought up the following points:

The Assembly requested clarification of the requirements for submitting and processing proposals made by the Board, working groups and member organisations (e.g. taking or sending proposals back for reconsideration, the use of small groups, the working group process, etc.).

There was a desire for more clarity about the IFF's way of functioning, including how that relates to the incorporation in France.

The roles of the Board and the Representatives in the General Assembly need to be better understood, particularly since Representatives speak for their members, bringing perspectives from those who are not present, and taking ideas and information back. It was agreed that inclusive discussions involving everyone at the Assembly and the continuation of effective processes which have been developed are ways of facilitating this.

Finally it was agreed to discuss Agenda items that had been withdrawn, i.e. the International Logo and the AusTAB proposal. Background to the International Logo was presented.

Lea Wolgensinger designed the logo seven years ago. It was meant to become an international symbol of Feldenkrais work, but it was originally licensed in Switzerland by the Schweizerischer Feldenkrais Verband (SFV). In order to promote the worldwide recognition of the logo the SFV sold the right to use the logo to other Guilds. Some Guilds chose not to use the Logo. The logo was registered first as a trademark, then registered again as a service mark, which incurred an additional \$12,000 in registration fees. Also the license, owned by SFV, has to be renewed every 10 years. As soon as the Logo is recognised, the SFV would like to give it to IFF as an umbrella organisation. In Switzerland, the logo was originally used to differentiate the SFV from other Feldenkrais Guilds/Associations. Since this is no longer the case, the SFV would like to see other Feldenkrais organisations participating in the logo both financially and as part of the whole unification process.

There is still a lot of energy and opposition to the SFV International Logo and it was suggested that a new logo, designed with the whole Assembly in mind, might be a created.

## **REPORTS**

### **Journal**

The Journal has evolved in the last few years into a very professional publication. The last two journals have been compilations of case studies and now the committee is interested in doing theme journals. The theme for the 1998 journal will be "Feldenkrais and Related Methods". The committee will need submissions of articles and artwork from the international Feldenkrais community. The past journals have not had a lot of artwork to accompany the articles, and future journals need more. Most articles will be published in English, but permission will be given for articles to be translated, with some articles published in languages other than English with a summary in English.

### **Continuous Learning**

See appendix 4 for report

### **Procedure group**

There was no report as no one met to discuss it.

### **AusTAB proposal:**

This work group talked about the growing need for people to be heard regarding training issues. The group noticed that every comment on how a training program could operate contained a "should" to convince the listener. It is impossible to incorporate all ideas, but they can still exist as possibilities for the future. Since ideas need time and space to be heard and developed, it was proposed that we create a process for people to be heard. It was recommended that this idea be taken back to guilds for comment that reflects what people are thinking. There are many useful tools such as the web site, newsletters, etc. which must not be exclusive, but inclusive of all with experience and interest. The three Training Accreditation Board chairs met prior to the assembly to discuss the unrest in the community. Each time the TABs discussed how a training could be run, there was a gap that needed to be filled by contribution and commitment by trainers. Trainers must be asked what is required to train Feldenkrais practitioners. Perhaps each trainer could come up with something at the pedagogical core that is common, and then the rest that could be left to individual preference.

### **International Logo**

The work group decided that Glenice and Annemarie will distribute a form requesting feedback about the International Logo from Guilds and Associations. After compiling these findings, they will bring another proposal back to the Board.

### **Closing**

The Assembly was closed with a silent conclusion presented by Bonnie Humiston.

Respectfully Submitted,

Bonnie Rich Humiston, Secretary

## Appendix 2

### Continuous Learning Report

given Friday, 22 May 1998

Reports from continuous learning discussions from 21 May. The following report represents the outcome of four discussion groups. This summary is a differentiation of what is common and different between the outlined forms from within each group.

### MENTORSHIP

(examples of mentorship - Good Will Hunting and Dead Poet's Society)

#### common elements

- one to one relationship
- special chemistry
- guidance and coaching
- who can be a mentor?

#### other ideas-

- silent mentorship(mentor does not know)
- informal relationship leads to inner mentor
- mentor is chosen
- mentor chooses usually not paid

#### differences-

- is a mentor on same or different level?
- is there always a spiritual aspect?
- is it a long term relation (learning marriage) or short term relation?

### SUPERVISION

#### common elements-

- being observed in action at work with clients

#### other ideas-

- discussion of work (a report) rather than
- actual observation
- verbal discourse of a case study
- supervisor works directly with the client
- and gives feedback
- metalevel: sees more
- gives support and clarification
- usually paid
- one to one relationship
- intervision: supervision within a group that supervises one-another

#### differences-

- seen positive or negative
- is supervisor from same field or outside field (a specialist on supervising)?
- are there necessary minimum skills attained to be supervised?

### APPRENTICESHIP

**common elements-**

- something practical to learn; skills and strategies
- take specific skills and experiences from an expert

**other ideas-**

- includes a time span
- peers can apprenticeship with colleagues
- usually pay for

**differences-**

- can be seen positive or
- negative

**INDIVIDUAL REFLECTIVE PRACTICE****common elements-**

- self directed

**other ideas-**

- meditation / introspection / thinking
- recognition and trust of ones intuition
- creative
- making notes about ones work
- monitor personal progress in the work
- learning from experience
- eureka!
- belongs to any kind of learning
- no cost

**PEER GROUP LEARNING****common elements-**

- no hierarchy

**other ideas-**

- intervision: supervision on each other
- continuity and confidence
- mutual learning
- no cost

**differences-**

- does there need to be a common basis (graduation/ experience/ style/ special interest)?

**OTHER MODELS OF LEARNING**

- from our students/ clients
- through teaching
- self study
- accidental learning
- from other professions
- by disaster

- witnessing and observing

## **SUMMARY**

There is a need to break down barriers to some words with new ideas, definitions, and understandings. Elements from each model for continuous learning should be incorporated.

### **Starting points for next working groups to take forward:**

- find better words in each language for each function
- new models should be outlined to describe needs, structure, and content
- there is a desire to fit ideas to need
- debate over idea of definitions of common understanding - how tight or loose
- how do we present this to our communities
- a model that shows how the learning process in the Feldenkrais Method is relative to the process with clients

### Appendix 3

#### International Feldenkrais Federation

30, rue Monsieur le Prince - 75006 Paris

#### Financial Report - 1995, 1996, 1997 (in French Francs)

REVENUE	1995	1996	1997
Member's Fees	210 842	263 332	* 406 078
Assembly	34 939	14 470	61 650
Travel Pool		7 480	14 129
Training Fees	1 797		
IFF Diploma	37		
Alexander Yanai Project	134 614	523 896	881 945
Peter Brook Project	23 160	7 438	120
Amherst Videos and FI Videos		44 476	212 083
Heidelberg Conference Booklet		19 385	2 716
Amherst Transcription Project	Subscription		69 491
Bank Interest	2 771	- 48 112	1 885
Miscellaneous	964		1 965
Foundation Donation			298 500
Repaid Advances	5 192		
<b>TOTAL</b>	<b>414 317</b>	<b>885 289</b>	<b>1950 562</b>

\* including German membership fees for '95 and '96

**International Feldenkrais Federation**

30, rue Monsieur le Prince - 75006 Paris

**Financial Report - 1995, 1996, 1997 (in French Francs)**

<b>EXPENSES</b>	<b>1995</b>	<b>1996</b>	<b>1997</b>
IFF General Administrative (includes Tel/Fax, copying, etc.)	40 136	22 560	25 350
Treasury Costs	5 722	3 711	
Directors Admin. Expenses (includes travel and lodging)	80 998	47 892	93 815
ACM	58 902	126 510	130 678
Survey		5 047	1 278
Membership	6 345	2 499	46 117
Service Marks (Spain, Mexico)		19 758	49 270
Graduate Packets		933	23 671
IFF Newsletter	32 464	25 539	18 954
IFF Journal		22 519	
Alexander Yanai Project	430 121	456 291	262 707
Peter Brook Project	52 976	2 720	
San Francisco Training		12 814	
Arnherst and FJ Videos	5 939	191 325	53 210
Heidelberg Conference Booklet		785	
Materials Administration Costs			* 492 268
Gaby Yaron Videos			4 408
Misc.			1 841
<b>TOTAL</b>	<b>716 602</b>	<b>940 903</b>	<b>1 203 567</b>

\* German taxes &amp; administration expenses for 95, 96, 97 / US administration expense 97

**International Feldenkrais Federation**

30, rue Monsieur le Prince - 75006 Paris

**Financial Report - 1995, 1996, 1997 (in French Francs)**

	Total Income	Total Expense	Net
1993	+184 368	+121 840	+62 528
1994	+472 263	+260 969	+211 294
1995	+414 317	+716 602	-302 285
1996	+885 289	+940 903	-55 611
1997	+1 950 562	+1 203 567	+746 995
<b>Totals</b>	<b>+ 3 906 799</b>	<b>+ 3 243 881</b>	<b>+ 662 921</b>

**IFF Merchandise Inventory at Albany Office as of 31 December 1997**

Alexander Yanai Books	2 543
Heidelberg Reports	33
Amherst FI Videos	789

Inventory Valuation

857232 ff

**International Feldenkrais Federation**

30, rue Monsieur le Prince - 75006 Paris

**Projects: Financial Report - 1993 to 1997 (in French Francs)**

	1993	1994	1995	1996	1997
<hr/>					
<u>Alexander Yanai</u>					
Income			134 614	523 896	881 945
Expense	3 760	57 957	433 121	456 291	241 757
Net	-(3 760)	-(57 957)	-(298 507)	+ 67 605	+ 640 188
<hr/>					
<u>Peter Brook</u>					
Income			23 160	7438	120
Expense		1 400	52 976	2 720	
Net		-(1 400)	-(29 816)	+4 718	+120
<hr/>					
<u>SF Training</u>					
Income					
Expense		1 696		12 814	
Net		-(1 696)		-(12 814)	
<hr/>					
<u>Arnherst / FI Videos</u>					
Income				44 476	212 083
Expense			5 939	191 325	53 210
Net			-(5 939)	-(146 848)	+ 158 873
<hr/>					
<u>Gaby Yaron</u>					
Income					
Expense					4 408
Net					-4 408
<hr/>					

**- Deficit****+Credit/Benefit**

## Appendix 4

### Continuous Learning Work Group Plan

given Sunday, 24 May 1998

#### STAGE ONE

- Definition of needs in continuous learning weave
- Definition of categories, terms of continuous learning
- Make new translations of fully described definitions
- Another content-context model for continuous learning

#### STAGE TWO - Taking it to the community:

- 1) collate descriptions of theme-based experiential structures from IFF Assemblies, (continuous learning, success, leadership, etc.) for use in Guild AGMs, "IFF days", etc.
- 2) current community needs focus more on discovering: "What are our questions?" and exploring peer group and self-directed learning. (Don't focus so much on "expert input" at this time.

#### Idea Books on:

- Peer Group Study Structures
- Self Study Ideas
- on creating safety and trust in learning
- using Moshe's Functional Integration videotapes

#### Communication Forms:

- Writing for Newsletter, Journal
- interactive structures for experiential learning
- communication on Internet: FELDigest and Web Page ([www.axess.com/iff](http://www.axess.com/iff), [www.axess.com/bild](http://www.axess.com/bild), [www.axess.com/prax](http://www.axess.com/prax))

#### NEEDS

##### Common

- Collegial contact
  - Share experience
  - Deepen knowledge and skills
  - Not to be alone, networking
- Develop language skills
  - Collegial dialogue
  - Presenting the Method
  - Broaden ability to relate to clients

##### Uncommon

- Structured ongoing learning setting
  - national plan
  - training-like
- Feedback from experienced colleague
  - while working
  - by giving FI to colleague
- For clarification, back to basics
- Access to real cases

- Refine formulating during ATM lessons
- Publishing
- Develop business skills
- Access to Moshe's thinking and performing
- More confidence and skill in FI work
- Link with other fields (bring into, learn from)
- Supervision in metalevel sense
- Mentor
- More confidence trust and non competition

- Theme-oriented offers (children, scientific, FI develop over long period)
- Developing options and perspectives
- Less expensive education
- More FI on ourselves
- Advanced Training

Trust - confidence - space - joy - Beaujolais!

## FORMAT - STRUCTURE - CONTEXT

### **Individual**

- self study
- reflective practice

### **One-on-one**

- colleague / peer
- more experienced practitioner
- assistant or trainer
- mentor
- supervisor

### **Group**

- 3-15 people - peer group
- over 15 - advanced trainings
  - Feldenkrais conferences
  - visiting trainings

### **Content I Activities**

- using video material
- Alexander Yanai lessons
- discussion - books, articles, interviews
- Feldenkrais Training Program materials
- specific topics
  - musicians, arts
  - children
  - voice
  - vision
- how to present the Method/ PR, Marketing
- Functional Integration strategies
- other professional approached to: pain, performance, hands on movement
- related topics: cybernetics, neurobiology, psychology, physiology

## PEER GROUP IDEA BOOK

1. Meetings (Perhaps an uneven number is good so one can be the observer)

- once a month - certain day and make the commitment, e.g. 3rd Friday.
- every three months gather together with other peer groups in area
- every six months - meet with even larger regional group

2. Topics

- ATM/FI's
- information shared from advanced trainings
- take a function; do movements; decide if it is an awareness movement, an integrative movement, or combination movement; repeat until you have 1 or more new ATM's
- Alexander Yanai lesson - practice discuss
- Moshe video's
- reading and discussing articles
- case study (Practitioners present their own clients)
- invitation of clients with special knowledge pertaining to FM (neurology, biology, psychology, etc.)
- invitation to client to talk about their experience
- Micro -> Macro -> Micro  
FI / ATM

3. Coffee Topics

- marketing
  - promotion
  - advertising
  - rumours
  - books
  - tips
  - movies
  - information about forthcoming events
  - ?????

**INTERNATIONAL FELDENKRAIS FEDERATION**

## 1998-1999

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