Feldenkrais Teachers:

Respect the individuality of human beings.

Attitudes and Values

Feldenkrais Teachers:

Offer the opportunity to explore actions (movement) in order to become self-determined.

Attitudes and Values

Feldenkrais Teachers:

Communicate clearly.

Attitudes and Values

Feldenkrais Teachers:

Engage in ongoing self-reflection.

Attitudes and Values

Feldenkrais Teachers:

Maintain the highest ethical and professional standards as stated in the national codes of conduct.

Attitudes and Values

Feldenkrais Teachers:

Embrace experimental learning.

Attitudes and Values

Feldenkrais Teachers:

Expand their perceptions, while exploring situations, actions and relationships.

Attitudes and Values

Feldenkrais Teachers:

Continuously acquire knowledge and improve their ability.

Attitudes and Values

Feldenkrais Teachers:

Transfer responsibility to their clients for their own learning processes.

Attitudes and Values

Feldenkrais Teachers:

Initiate self exploration via movement.

Attitudes and Values

Feldenkrais Teachers:

Avoid judgment.

Attitudes and Values

Feldenkrais Teachers:

Support the potential for creativity, authenticity, flexibility, curiosity, openness.

Attitudes and Values